

When our Strengths Become our Weakness

Altruistic - Nurturing

Strength	If Overdone
Trusting	Gullible
Loyal	Blind
Helpful	Smothering
Modest	Self-effacing
Devoted	Subservient
Caring	Submissive
Supporting	Self-sacrificing

Analytic - Autotomizing

Strength	If Overdone
Cautious	Suspicious
Reserved	Cold
Methodological	Rigid
Analytical	Nit picking
Principled	Unbending
Fair	Unfeeling
Preserving	Stubborn

Assertive - Directing

Strength	If Overdone
Self-confident	Arrogant
Ambitious	Ruthless
Persuasive	Abrasive
Forceful	Dictatorial
Quick to act	Rash
Competitive	Combative
Risk taker	Gambler

Flexible - Cohering

Strength	If Overdone
Flexible	Wishy-washy
Open to change	Inconsistent
Socializer	Unable to stand alone
Experimenter	Aimless
Adaptable	Spineless
Tolerant	Uncaring
Looks for options	Lack of focus